



CHRISTIAN FAMILY CARE

*Serving Children and Families Since 1982*

# Integrative Parenting

## Strategies for Raising Children Affected by Attachment Trauma

Children that have experienced early abuse, neglect or trauma exhibit neurological differences in the brain, which appear as delayed emotional and social growth. These children may not attach emotionally to caregivers, and often do not respond well to normal parenting interventions. The severe behaviors of these children can leave parents feeling confused, hurt, and overwhelmed. Foster and adoptive parents both love and fear their children, and want to know how to help them. This parenting material is specially written to parents raising children who have experience breaks in their attachment, through abuse and neglect.

The five weekly Integrative Parenting sessions covers these topics:

1. Scared Children, not Scary Children
2. Creating Connections
3. Solutions to Challenging Behaviors
4. Becoming a Happier Parent
5. Boundaries and Consequences  
with Love and Attunement

Cost: \$75 per person or \$125 per couple,  
plus \$23 for parenting manual  
CFC foster/adoptive parents: \$23 book fee only

Call Anna Cervantes at 602 396-2508 to enroll, or email to [acervantes@cfcare.org](mailto:acervantes@cfcare.org)  
or schedule online at <https://cfcare.org/parent-university/>

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