



## Become a mentor at CFC

### THERE ARE CHILDREN THAT NEED YOU!

There are more than 50 children and teens waiting for a mentor across Maricopa. Our list continues to grow as we receive more referrals from youth seeking a mentor. Some have been waiting a year for a mentor. We need adults willing to provide support in a friendship-based role and serve as a positive role model.

### IT HAS BEEN STATISTICALLY SHOWN

*...that youth in foster care who receive a mentor have improved academic outcomes, better relational skills, enhanced self-esteem and self-confidence, better behavior and interpersonal skills, and a reduction in dangerous activities such as drug and alcohol use.*

According to the Mentoring National Network, youth who had a mentor were 55% less likely to skip school, 78% more likely to volunteer regularly, 90% more interested in becoming a mentor, and 130% more likely to hold leadership positions. Each of these represents progress in self-esteem, responsibility, and emotional maturity!

### THE PROCESS

Matching mentors with mentees at CFC is a step-by-step process. The mentor must be 18 or older and at least five years older than their mentee. Be able to provide positive insight from a biblical perspective. Provide a commitment to four hours a month for at least one year.

### SUCCESS STORY

There was a teenage boy in our mentor program who had dropped out of high school and preparing to age out of the system. Every two weeks this mentor would pick up this youth and they would go get burgers and play some basketball. By the end of that two years, the youth decided to obtain his GED and accomplished it. This was communicated in a message from the teen to the mentor saying, ***“I wouldn’t be here if it wasn’t for your support.”***

If you would like to commit to becoming a mentor and come alongside these young adults who need a consistent positive figure in their life, visit [CFCare.org/Mentor](https://CFCare.org/Mentor) today!

