



Christian Family Care



IMPACT REPORT 2024





Impact Report 2024

Table of Contents

- Letter from the President 01
- CFC’s Mission & Vision 02
- CFC Looks Ahead 03
- 2024 Year-In-Review Video 04
- 2024 At A Glance - Stats 05
- God Story “Our Miracle Baby!” 06
- Our Ministries 07
 - Adoption 08-09
 - Youth Permanency 08
 - Young Adult Services 09
 - Foster Care & DCS Adoption 10
 - Therapeutic Foster Care 10
 - Arizona Family Counseling 11
 - Family Care KIDS 12-13
 - Hand In Hand Pregnancy & Adoption 14
 - Family Coaching 15
 - STRONG Families For Children 15
 - Mentoring 16
 - Family Care Learning 17
 - Thrift Stores 17



LETTER FROM THE PRESIDENT

Dear Friends,

It was Dr. Elton Trueblood who said, “The vitality of religion is seen by its effect on culture.”

This report shares stories and numbers of the vitality of our impact on culture. Impact that lasts. Impact that comes from relationships that are built to lead others into a relationship with Jesus Christ. Impact that improves the well-being of children, families, and communities of Arizona.

The kind of impact, CFC is after requires a committed team of staff, volunteers, and financial partners to bring it about. Like Nehemiah rebuilding the walls of Jerusalem, it takes many people working together side by side, and we are so grateful to have such a powerful team of people like you, working to build the type of relationships that bring about real-life change.

Christian Family Care is ever connecting relationally with those in need - the abused and neglected, those encountering trauma, community families lacking healthy relationships, and models of parenting.

In 2025, CFC is expanding its reach with young adults and partnering with elementary schools to support children, parents, and teachers, improve classroom behaviors, and address early childhood trauma.

The LORD has done great things in 2024 and will do even more in 2025. To God be the glory!

For the Children,



Mark Upton
President & CEO

At CFC our vision—that every child should be loved and nurtured in a Christ-centered family—is one step closer—

THANKS TO YOU!



CFC Mission

Strengthening families and serving at-risk children in the name of Jesus Christ.



CFC Vision

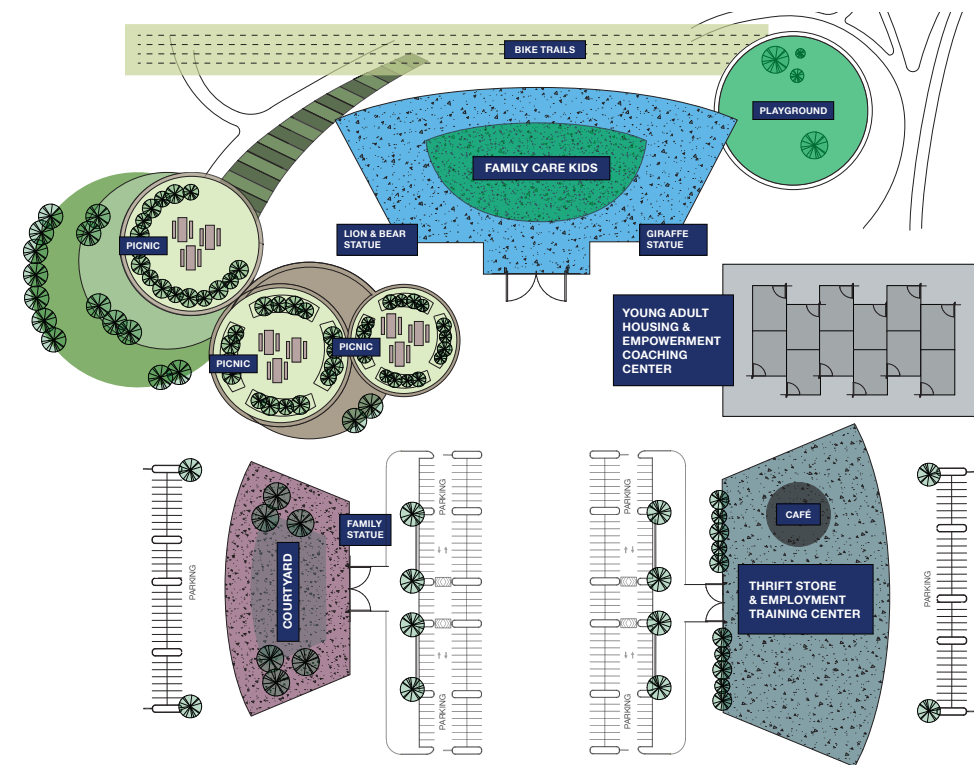
We envision a future in which every child is loved and nurtured in a Christ-centered family.

CFC Looks ahead!

Our staff has proclaimed that 2025 will be the year we focus on being visible witnesses of Christ in our communities.

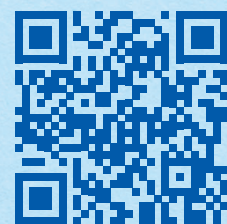
Our future plans include providing **Family Empowerment Services** in at-risk communities, in partnership with local school districts, churches, and complementary ministries. We are also asking God to provide the perfect property to open a **second Family Care KIDS early childhood learning center** and a **Family Empowerment Center** to serve families and children in the Maryvale/West-Phoenix/Glendale area. (See concept drawing below). We are also focused on growing our services to young adults aging out of the foster care system and would like to provide **Young Adult Housing** to help these young adults get started in independent living.

Your prayers and financial partnership enable us to bring meaningful, transformational generational impact to our communities as we focus on the vision that every child is loved and nurtured in a Christ-centered family.



*Graphic conceptual drawing only, not to scale.

SCAN QR TO VIEW
CFC'S 2024
YEAR-IN-REVIEW VIDEO!



2024 AT A GLANCE

We served over 3K children & families in Arizona—a 51% increase over last year!



76

children **ADOPTED** by their forever family



232

FOSTER children were served in families



56

kids **MENTORED** by Christian leaders



7,935

COUNSELING hours offering hope & healing



53

HOSTED children to prevent family crisis



2.7%

THRIFT STORE sales increase



101

families **COACHED** to improve family dynamics



30

Women counseled facing unplanned **PREGNANCY**



129

children served at **Family Care KIDS**



158

youth served by our **NEW YOUNG ADULT SERVICES** program

One of the many God stories

"Life is a miracle, and she is our MIRACLE BABY!!"

CFC's Marketing Manager, Lourdes and her husband, Bernard, prayed for years about starting a family. After seven years of unanswered prayers, they considered adoption. One day, Lourdes received a call from the Welcome Center about a Spanish-speaking woman seeking pregnancy support and adoption information. During their conversation, the woman, feeling scared, asked if Lourdes had children. Lourdes shared her story, and the woman unexpectedly asked if she would adopt her baby girl.



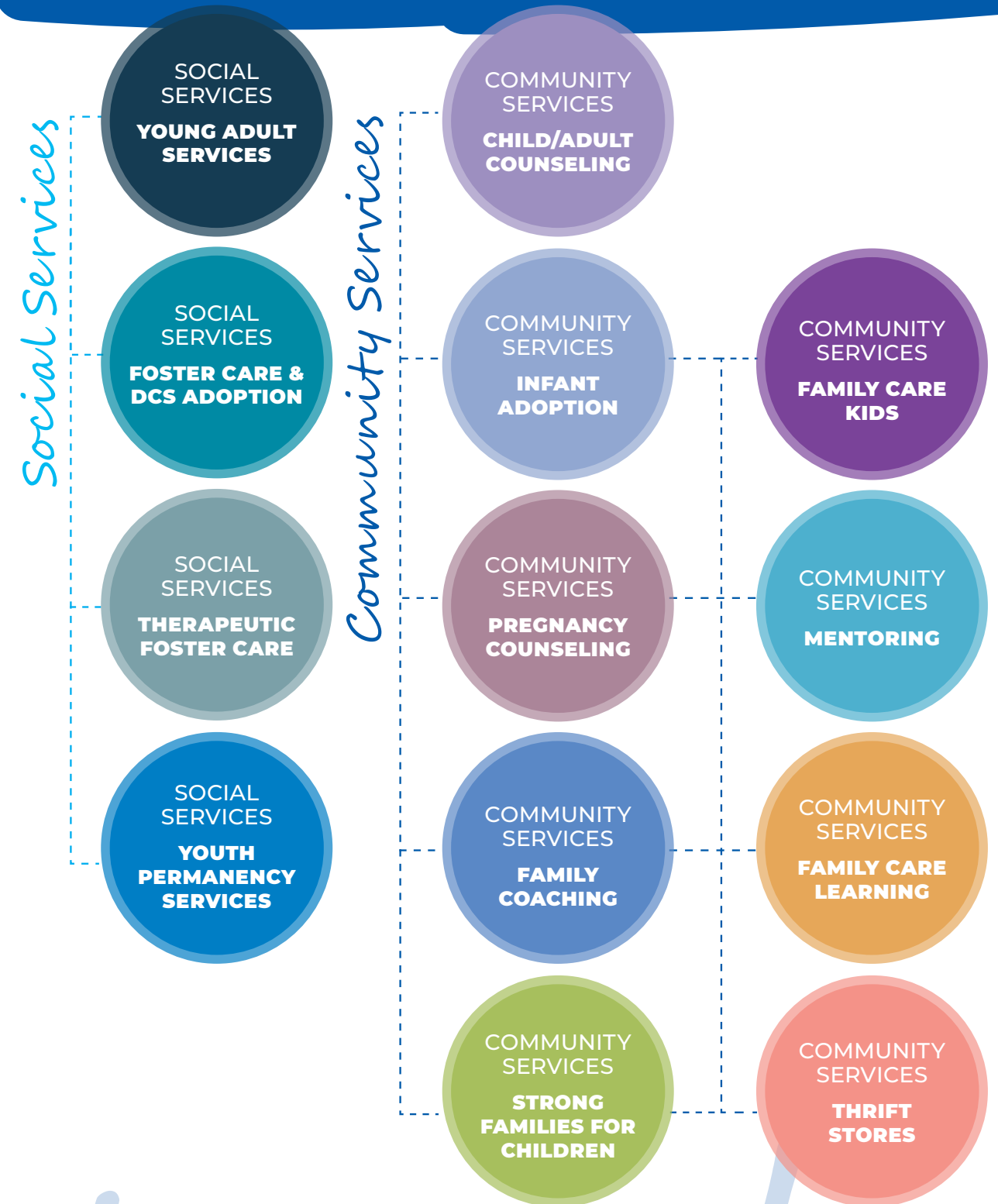
Shocked, Lourdes called Bernard, and they agreed to pray for guidance. Lourdes later learned that the birth mom was under pressure to abort but wanted to give her baby a chance. The woman had received a brochure from CFC urging her to "say no to abortion," which she saw as a sign and called

the next day. After more conversations, Lourdes and Bernard felt certain this child was their answer to prayer.

Two weeks later, they met the birth mom, built a close relationship, and became her support system. Despite the quick timeline, they began the adoption process with legal guidance and CFC's help. Lourdes and Bernard were present when their daughter, Gianna Sophia, was born, and they brought her home shortly after. The

birth mom stayed with them for four days and later accepted Jesus as her Savior. Choosing open adoption, Lourdes and Bernard want Gianna to know she was loved from the start by both her birth mom and them. They believe God has special plans for her, and her adoption is a miracle. Thank you for supporting adoption stories like this, giving birth moms the resources to choose life and helping adoptive parents navigate the process.

Our Ministries!



A Sampling of CFC Facilitated Adoptions in 2024...

Christian Family Care has supported adoptive families for over 40 years, helping those called by the Lord to navigate every step of the adoption journey.

Last year, CFC successfully facilitated over 70 adoptions!



Kyman Family



Youth Adoption

*stock photo to protect the families identity



Youth Adoption

*stock photo to protect the families identity



Munger Family



Brown Family



Dela Cruz Family



Flores Family



Contreras Family

76
adoptions!

76 youth and infant were adopted by their forever families and another 5 infants are waiting for legal finalization.

Youth Permanency

Youth Permanency services helps find forever families for Arizona children and teens, ages 5-17, in collaboration with the Department of Child Safety (DCS) to ensure a safe, permanent home for every adoptable youth.

*stock photo to protect the identity of the family



90 
youth served

Children who still need forever families



Young Adult Services

Our Young Adult Services team works alongside AZDCS to support young adults age 17-21 who have aged out of foster care, assisting them as they navigate the transition into adulthood.

158
young adults served



For eligibility & more info on our newest program



Foster Care & DCS Adoption

3,052

children & families served in 2024

33

licensed new families

Scan QR to visit our website!



THERAPEUTIC FOSTER CARE

Therapeutic Foster Care (TFC), provides in-home care for children and youth ages five and older with severe mental health diagnoses or emotional and behavioral needs.

22

Therapeutic Foster Children Served

Scan QR to visit our website!



Arizona Family Counseling

Helping you lead a healthy life in Phoenix & Tucson.

33%

client increase

939

individuals served

Services:

- Individual Therapy
- Family Therapy
- Child Therapy
- Family Coaching
- Couples Therapy
- Group Therapy
- Art Therapy
- EMDR Consultations

Expertise:

- Trauma
- Attachment
- Anxiety
- Depression
- Parent-Child Relationship
- Behavioral Challenges
- Anger
- Stress-Reduction
- Couple/Marital Challenges
- Grief & Loss



Scan QR to visit [ArizonaFamilyCounseling.com](https://www.ArizonaFamilyCounseling.com)



Complex Trauma
RESOURCES

CFC is expanding its reach in 2025 by welcoming a new partnership with the Alhambra Elementary School District. We are thrilled to introduce our teaching and coaching services, bringing Complex Trauma Resources, developed by Dr. Chuck Geddes, to this vibrant community. We look forward to making a positive impact and supporting the growth and well-being of students and educators alike!

Family Care KIDS



Family Care KIDS is a Christ-centered early childhood learning center, that helps preschool aged children flourish into the person God has created them to be.

For enrollment opportunities, visit our website, FamilyCareKIDS.com

129

Family Care KIDS
children served.



"I love the development that my daughter has shown since she's been going here for the past year. Her teachers and the staff are amazing and seeing them interact with the kids on a daily basis is refreshing and such a blessing."

—Anonymous Family Care KIDS Parent

See more
pictures on
our socials



Scan QR to
visit our
website!



God Story



*stock photo to protect the identity of the family in this testimony.

"Fostering a child can be daunting, but for Sarah, a foster mom with Christian Family Care, it became a beautiful journey with the support of others. Along with her husband Ian, already parents to two young children, Sarah chose to foster a two-day-old baby girl while five months pregnant. Despite her fears about having the emotional, physical, spiritual, and mental capacity to care for three babies under 18 months, she trusted in God's calling. Sarah reflects, "Sometimes God asks us to do things that are outside of our timelines, ideas, and comfort zones," and despite her tears and doubts, she said "yes" to foster care again."



Pregnancy Counseling & Infant Adoption

30
expectant mothers
counseled & helped

8
infants placed in
loving homes

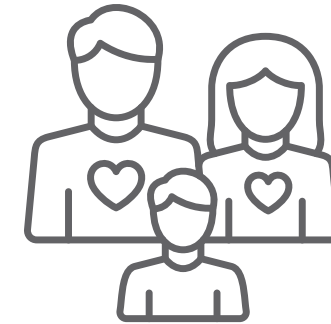
3
finalized infant
adoptions



Scan QR to visit our website!

FAMILY COACHING

Family Coaching provides our community partners with community-based skill-building sessions for parents and caregivers to help families cope with the stresses of daily life through the lens of trauma and attachment work.



STRONG FAMILIES FOR CHILDREN

"Sojourning Together Relying on God"

STRONG Families for Children is a prevention program that offers parents a secure and temporary home for their children while minimizing the risk of abuse or neglect while giving parents the time to help their families thrive.



STRONG Families
program
hosted **53**
families
to prevent
crisis!



→ MENTORING ←

Our mentoring program provides vulnerable youth, young adults, and young parents with a mentor who will have a consistent presence in their lives. Mentees receive support, encouragement, and guidance from a stable adult who has a strong relationship with Jesus.

56

mentees served

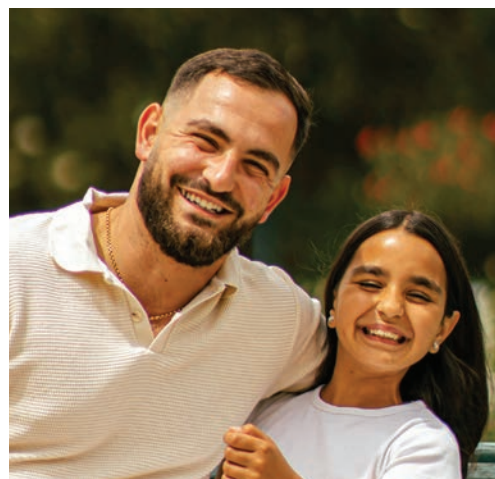


Scan QR to visit our website!



God Story

Hannah's father, Evan, was struggling, so she moved in with the Johnson's, a foster family. They cared for Hannah and built a relationship with Evan, who often visited and saw what a healthy family looked like for the first time. The Johnson's helped him get back on his feet, and today, Evan has regained custody of Hannah. Both were recently baptized and now share a strong, trusting, and loving relationship.



*stock photo to protect the identity of the family in this testimony.

FamilyCareLearning.com

Family Care Learning currently has more than 30 courses in its virtual library!



Scan QR to visit our website!



2.7%
Phoenix store growth


Christian Family Care
THRIFT STORES



60+
volunteers in 2024

Served 10,500+ customers in 2024
between Phoenix & Tucson

Scan QR to visit our website!



Community



Christian Family Care

CFCare.org | 800.939.5432

Central

2346 North Central Ave.
Phoenix, AZ 85004
(602) 234-1935

Southern

3275 West Ina Rd, #155
Tucson, AZ 85741
(520) 296-8255

Northern

106 West Gurley St, #200
Prescott, AZ 86301
(928) 443-1150

Through the Arizona Foster Care Tax Credit, you may
redirect your state taxes with a gift to help vulnerable children.

CFCare.org/TaxCredit

