



# Christian Family Care



# IMPACT REPORT 2024



# Impact Report 2024

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Christian  
Family Care

LETTER FROM THE PRESIDENT



Dear Friends,

It was Dr. Elton Trueblood who said, “The vitality of religion is seen by its effect on culture.”

This report shares stories and numbers of the vitality of our impact on culture. Impact that lasts. Impact that comes from relationships that are built to lead others into a relationship with Jesus Christ. Impact that improves the well-being of children, families, and communities of Arizona.

The kind of impact, Christian Family Care is after requires a committed team of staff, volunteers, and financial partners to bring it about. Like Nehemiah rebuilding the walls of Jerusalem, it takes many people working together side by side, and we are so grateful to have such a powerful team of people like you, working to build the type of relationships that bring about real-life change.

CFC is continuously building relational connections with those in need—such as the abused and neglected, individuals facing trauma, families in the community lacking healthy relationships, and those in need of positive parenting models.

In 2025, CFC is expanding its reach with young adults and partnering with elementary schools to support children, parents, and teachers, improve classroom behaviors, and address early childhood trauma.

The LORD has done great things in 2024 and will do even more in 2025. To God be the glory!

For the Children,



Mark Upton  
President & CEO

**At CFC our vision**—that every child should be loved and nurtured in a Christ-centered family—is one step closer—

**THANKS TO YOU!**



## **CFC Mission**

*Strengthening families and serving at-risk children in the name of Jesus Christ.*



## **CFC Vision**

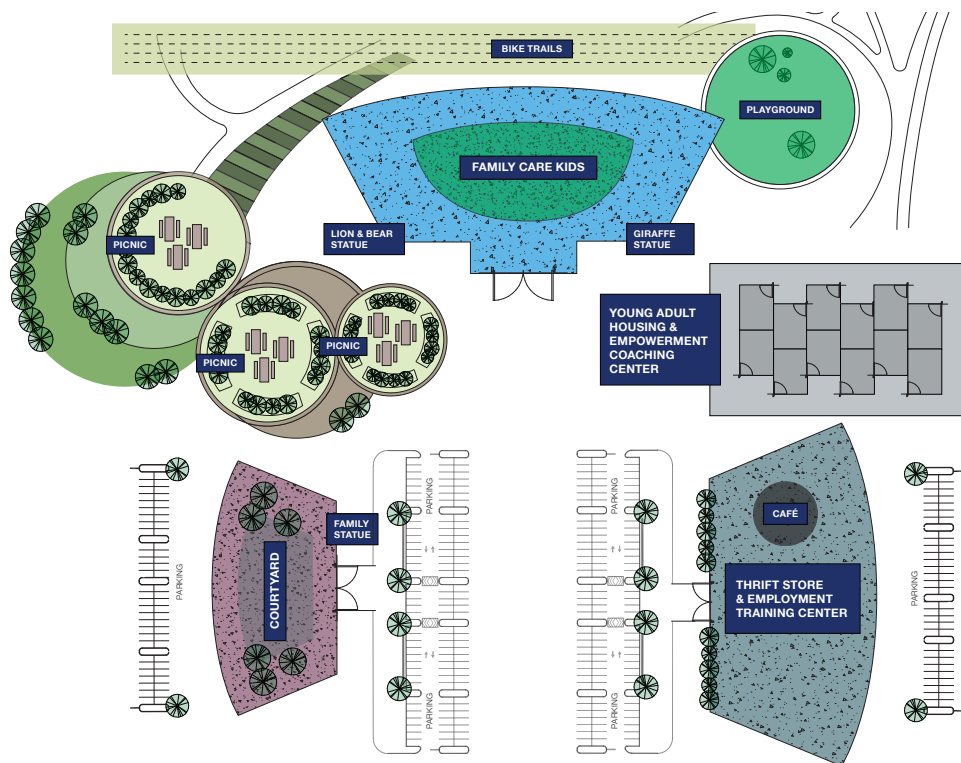
*We envision a future in which every child is loved and nurtured in a Christ-centered family.*

# CFC Looks ahead!

*Our staff has proclaimed that 2025 will be the year we focus on being visible witnesses of Christ in our communities.*

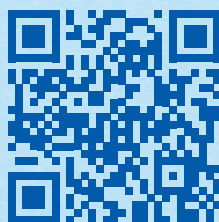
*Our future plans include providing **Family Empowerment Services** in at-risk communities, in partnership with local school districts, churches, and complementary ministries. We are also asking God to provide the perfect property to open a **second Family Care KIDS early childhood learning center** and a **Family Empowerment Center** to serve families and children in the Maryvale/West-Phoenix and Glendale area. We are also focused on growing our services to young adults aging out of the foster care system and would like to provide **Young Adult Housing** to help these young adults get started in independent living. (See concept drawing below).*

*Your prayers and financial partnership enable us to bring meaningful, transformational generational impact to our communities as we focus on the vision that every child is loved and nurtured in a Christ-centered family.*



*\*Graphic conceptual drawing only, not to scale.*

SCAN QR TO VIEW  
CFC'S 2024  
YEAR-IN-REVIEW VIDEO!



# 2024 AT A GLANCE

*We served over 3K children & families  
in Arizona—a 51% increase over last year!*



**76**

children **ADOPTED**  
by their forever family



**232**

**FOSTER** children  
were served in families



**56**

kids **MENTORED**  
by Christian leaders



**7,935**

**COUNSELING** hours  
offering hope & healing



**53**

**HOSTED** children  
to prevent family crisis



**2.7%**

**THRIFT STORE**  
sales increase



**101**

families **COACHED** to  
improve family dynamics



**30**

Women counseled facing  
unplanned **PREGNANCY**



**129**

children served at  
**Family Care KIDS**



**158**

youth served by our **NEW**  
**YOUNG ADULT SERVICES** program

# One of the many God stories

*“Life is a miracle, and she is our MIRACLE BABY!!”*

CFC's Marketing Manager, Lourdes and her husband, Bernard, prayed for years about starting a family. After seven years of unanswered prayers, they considered adoption. One day, Lourdes received a call from the Welcome Center about a Spanish-speaking woman seeking pregnancy support and adoption information. During their conversation, the woman, feeling scared, asked if Lourdes had children. Lourdes shared her story, and the woman unexpectedly asked if she would adopt her baby girl.

Shocked, Lourdes called Bernard, and they agreed to pray for guidance. Lourdes later learned that the birth mom was under pressure to abort but wanted to give her baby a chance. The woman had received a brochure from CFC urging her to “Say No to Abortion,” which she saw as a sign and called



the next day. After more conversations, Lourdes and Bernard felt certain this child was their answer to prayer.

Two weeks later, they met the birth mom, built a close relationship, and became her support system. Despite the quick timeline, they began the adoption process with legal guidance and CFC's help. Lourdes and Bernard were present when their daughter, Gianna Sophia, was born, and they brought her home shortly after. The

birth mom stayed with them for four days and later accepted Jesus as her Savior. Choosing open adoption, Lourdes and Bernard want Gianna to know she was loved from the start by both her birth mom and them. They believe God has special plans for her, and her adoption is a miracle. Thank you for supporting adoption stories like this, giving birth moms the resources to choose life and helping adoptive parents navigate the process.



# Our Ministries!

*Social Services*

SOCIAL SERVICES  
**YOUNG ADULT SERVICES**

SOCIAL SERVICES  
**FOSTER CARE & DCS ADOPTION**

SOCIAL SERVICES  
**THERAPEUTIC FOSTER CARE**

SOCIAL SERVICES  
**YOUTH PERMANENCY SERVICES**

*Community Services*

COMMUNITY SERVICES  
**CHILD/ADULT COUNSELING**

COMMUNITY SERVICES  
**INFANT ADOPTION**

COMMUNITY SERVICES  
**PREGNANCY COUNSELING**

COMMUNITY SERVICES  
**FAMILY COACHING**

COMMUNITY SERVICES  
**STRONG FAMILIES FOR CHILDREN**

COMMUNITY SERVICES  
**FAMILY CARE KIDS**

COMMUNITY SERVICES  
**MENTORING**

COMMUNITY SERVICES  
**FAMILY CARE LEARNING**

COMMUNITY SERVICES  
**THRIFT STORES**



# A Sampling of CFC Families

CFC has supported adoptive families for over 40 years, helping those called by the Lord to navigate every step of the adoption journey.

Last year, CFC successfully facilitated 76 adoptions!



Kyman Family



Youth Adoption

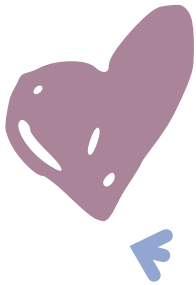
*\*stock photo to protect the families identity*



Brown Family



Dela Cruz Family



## Youth Permanency

Youth Permanency services helps find forever families for Arizona children and teens, ages 5-17, in collaboration with the Department of Child Safety (DCS) to ensure a safe, permanent home for every adoptable youth.



*\*stock photo to protect the identity of the family*

90   
youth served

Children who still need forever families



# Adopted Adoptions in 2024...



Youth Adoption

\*stock photo to protect the families identity



Munger Family

**76**  
adoptions!

76 youth and infant were adopted by their forever families and another 5 infants are waiting for legal finalization.



Flores Family



Contreras Family

## Young Adult Services

Our Young Adult Services team works alongside AZDCS to support young adults age 17-21 who have aged out of foster care, assisting them as they navigate the transition into adulthood.

**158**  
young  
adults  
served



For eligibility & more info on our newest program



# Foster Care & DCS Adoption

**3,052**

*children & families  
served in 2024*

**33**

*licensed new  
families*

Scan QR to  
visit our  
website!



## THERAPEUTIC FOSTER CARE

Therapeutic Foster Care (TFC), provides in-home care for children and youth ages five and older with severe mental health diagnoses or emotional and behavioral needs.

**22**

*Therapeutic  
Foster Children  
Served*

Scan QR to  
visit our  
website!





# Arizona Family Counseling

Helping you lead a healthy life in Phoenix & Tucson.

**33%**  
.....  
**client**  
**increase** **939**

.....  
**individuals**  
**served**

### Services:

- Individual Therapy
- Family Therapy
- Child Therapy
- Family Coaching
- Couples Therapy
- Group Therapy
- Art Therapy
- EMDR Consultations

### Expertise:

- Trauma
- Attachment
- Anxiety
- Depression
- Parent-Child Relationship
- Behavioral Challenges
- Anger
- Stress-Reduction
- Couple/Marital Challenges
- Grief & Loss



Scan QR to visit [ArizonaFamilyCounseling.com](http://ArizonaFamilyCounseling.com)



*CFC is expanding our reach in 2025 by welcoming a new partnership with the Alhambra Elementary School District. We are thrilled to introduce our teaching and coaching services, bringing Complex Trauma Resources, developed by Dr. Chuck Geddes, to this vibrant community. We look forward to making a positive impact and supporting the growth and well-being of students and educators alike!*

# Family Care KIDS



Family Care  
KIDS



Family Care KIDS is a Christ-centered early childhood learning center, that helps preschool aged children flourish into the person God has created them to be.

For enrollment opportunities, visit our website, [FamilyCareKIDS.com](http://FamilyCareKIDS.com)

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# 129

Family Care KIDS  
children served.



*"I love the development that my daughter has shown since she's been going here for the past year. Her teachers and the staff are amazing and seeing them interact with the kids on a daily basis is refreshing and such a blessing."*

*–Anonymous Family Care KIDS Parent*

See more pictures on our socials



Scan QR to visit our website!



# God Story



\*stock photo to protect the identity of the family in this testimony.


"Fostering a child can be daunting, but for Sarah, a foster mom with Christian Family Care, it became a beautiful journey with the support of others. Along with her husband Ian, already parents to two young children, Sarah chose to foster a two-day-old baby girl while five months pregnant. Despite her fears about having the emotional, physical, spiritual, and mental capacity to care for three babies under 18 months, she trusted in God's calling. Sarah reflects, "Sometimes God asks us to do things that are outside of our timelines, ideas, and comfort zones," and despite her tears and doubts, she said "yes" to foster care again."

## HAND IN HAND Pregnancy & Adoption

### Pregnancy Counseling & Infant Adoption

 **30**  
expectant mothers  
counseled & helped

 **8**  
infants placed in  
loving homes

 **3**  
finalized infant  
adoptions

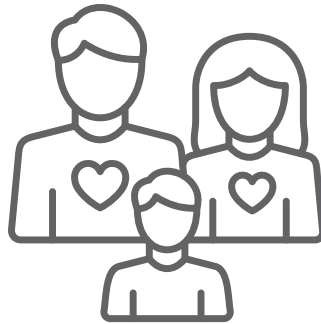


Scan QR to visit our website!



# FAMILY COACHING

Family Coaching provides our community partners with community-based skill-building sessions for parents and caregivers to help families cope with the stresses of daily life through the lens of trauma and attachment work.



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## STRONG FAMILIES FOR CHILDREN

*"Sojourning Together Relying on God"*

STRONG Families for Children is a prevention program that offers parents a secure and temporary home for their children while minimizing the risk of abuse or neglect while giving parents the time to help their families thrive.



*STRONG Families program hosted 53 families to prevent crisis!*

# → MENTORING ←

Our mentoring program provides vulnerable youth, young adults, and young parents with a mentor who will have a consistent presence in their lives. Mentees receive support, encouragement, and guidance from a stable adult who has a strong relationship with Jesus.

56

**mentees served**

Scan QR to visit our website!



## God Story

*Hannah's father, Evan, was struggling, so she moved in with the Johnson's, a foster family. They cared for Hannah and built a relationship with Evan, who often visited and saw what a healthy family looked like for the first time. The Johnson's helped him get back on his feet, and today, Evan has regained custody of Hannah. Both were recently baptized and now share a strong, trusting, and loving relationship.*



*\*stock photo to protect the identity of the family in this testimony.*

# FamilyCareLearning.com

Family Care Learning currently has more than 30 courses in its virtual library!



Scan QR to visit our website!



**2.7%**

Phoenix store growth



Christian Family Care

THRIFT STORES



**60+**

volunteers in 2024

Served 10,500+ customers in 2024 between Phoenix & Tucson

Scan QR to visit our website!



# Community



## Christian Family Care

CFCare.org | 800.939.5432

### Central

2346 North Central Ave.  
Phoenix, AZ 85004  
(602) 234-1935

### Southern

3275 West Ina Rd, #155  
Tucson, AZ 85741  
(520) 296-8255

### Northern

106 West Gurley St, #200  
Prescott, AZ 86301  
(928) 443-1150

Through the Arizona Foster Care Tax Credit, you may  
redirect your state taxes with a gift to help vulnerable children.

[CFCare.org/TaxCredit](https://CFCare.org/TaxCredit)

