



# Christian Family Care

## **EFC Closure Packet**

This guide is for you to keep and use whenever you need support. It includes important information, contacts, and resources to help you maintain stability and continue working toward your goals.

### **START HERE: If You Need Help Right Away**

#### **Emergency**

Call 911

#### **Crisis Support (24/7)**

Call or text 988 (Suicide & Crisis Lifeline)

The Trevor Project Hotline (LGBTQ+ Suicide Hotline)

Call 1.866.488.7386

Text START to 678.678

Q-Line (LGBTQ+)

480.736.4925

Tucson Resource Line

520.791.2540

#### **Housing Crisis**

Call 2-1-1 or visit: <https://211arizona.org/>

#### **Medical Questions / Insurance Help**

AHCCCS Member Services: 1.855.432.7587

#### **National Domestic Violence Hotline**

1.800.799.7233

## Local Resources

FindHelp.org- type your zip code and filter by need for resources in your area

Arizona 24-Hour Help Hotline: 602.263.8856

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## Your Current Snapshot

**Housing:** Click or tap here to enter text.

**Income/Employment:** Click or tap here to enter text.

**Education Status:** Click or tap here to enter text.

**Medical Coverage** (dental and vision coverage ends at 21):

AHCCCS (Plan: \_\_\_\_\_)

Other: \_\_\_\_\_

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## HOUSING RESOURCES

### If You Are at Risk of Losing Housing

- Call 2-1-1
- Maricopa County Rental Assistance: <https://www.maricopa.gov/5691/Emergency-Rental-Assistance>
- Pima County Rental Assistance: <https://housing.az.gov/general-public/rental-assistance-resources- eviction-prevention/pima-county>

## Emergency Shelter Options

### Maricopa County (Phoenix Area)

- CASS (Central Arizona Shelter Services): 602.256.6945  
<https://www.cassaz.org/>
- HomeBase Youth Services: 602.263.5531  
<https://www.nativeconnections.org/youth-services/homebase-emergency-housing>
- YMCA PHX350  
[Phx350housing@vosymca.org](mailto:Phx350housing@vosymca.org)
- Respiro  
925 W. Jackson St. Phoenix, AZ 85007  
Visit the Brian Garcia Welcome Center to check bed availability
- Washington Street Shelter  
2739 E. Washington St. Phoenix, AZ 85034
- UMOM Halle Women's Center: 602.362.5833  
3424 E. Van Buren St. Phoenix, AZ 85008
- CeCe's Hope Center (18-24yo who are at risk or have experienced trafficking):  
480.625.7044 or [info@cecescenter.org](mailto:info@cecescenter.org)
- Sojourner Center (Domestic violence and human trafficking shelter): 602.244.0997  
or [info@sojournercenter.org](mailto:info@sojournercenter.org)
- Lighthouse Social Services: 480.955.1489  
<https://www.lighthousehelpsaz.org/>

### Pima County (Tucson Area)

- Tucson Pima Collaboration to End Homelessness: <https://tpch.net/>
- Salvation Army Hospitality House: 520.795.9671
- St. Francis Shelter Community: 520.461.4943 to be put on waitlist

- Primavera Foundation: 520.623.5111  
<https://primavera.org/emergency-services/>
- Emerge- Center Against Domestic Violence: 520.795.4266

## **Transitional Housing Programs**

### **Maricopa County:**

- Foster Arizona (18-24 yo): <https://fosterarizona.org/>
- Foster 360 (18-24 yo): <https://www.foster360.org/our-program>
- YMCA Housing Programs: <https://valleymca.org/>
- Phoenix Dream Center: <https://phoenixdreamcenter.org/get-help/>
- Sojourner Center (Domestic violence and human trafficking): 602.244.0997 or [info@sojournercenter.org](mailto:info@sojournercenter.org)
- Maggie's Place (pregnant or parenting moms) : 602.246.3724  
<https://maggiesplace.org/intake-and-qualifications/>

### **Pima County:**

- Catholic Community Services: <https://www.ccs-soaz.org/services/detail/transitional-housing>
- Our Family Services: 520.323.1708 ext. 103  
<https://www.ourfamilyservices.org/homeless-youth/>
- Old Pueblo Community Services: 520.546.0122  
<https://helptucson.org/services/>
- New Life Transitional Program: 520.795.7541  
<https://newlifetransitional.com/apply/>
- Transitional Living Communities: 520.293.4919

## **Long-Term Housing Support**

- FUP/FYI Housing Vouchers: <https://dcs.az.gov/housing-voucher>

- Section 8 Search: <https://www.gosection8.com/>

## **MEDICAL & INSURANCE**

You may be eligible for AHCCCS (YATI) coverage until age 26.

### **Find a Provider:**

<https://www.azahcccs.gov/Members/ProgramsAndCoveredServices/ProviderListings/>

### **\*Important Notes**

- Keep your insurance card in a safe place
- Make sure you renew your insurance when prompted (via mail)
- Contact your plan if you need a new card
- Dental and vision coverage ends at age 21

## **Medical & Behavioral Health Community Resources**

- Crews'n Health (medical and behavioral health)-mobile and fixed site clinics for people 24 and younger: 602.933.9339  
[crewsnhealthmobile@phoenixchildrens.com](mailto:crewsnhealthmobile@phoenixchildrens.com)
- Circle the City (medical and behavioral health): 602.776.0776  
<https://circlethecity.org/mobile-outreach-calendar/>

## **MENTAL HEALTH & CRISIS SUPPORT**

### **Crisis Support (Immediate)**

- 988 Lifeline
- Text START to 678.678 The Trevor Project

### **Maricopa County:**

- Mind 24/7: <https://www.mind24-7.com/>
- Crews'n Health (medical and behavioral health)-mobile and fixed site clinics for people 24 and younger: 602.933.9339  
[crewsnhealthmobile@phoenixchildrens.com](mailto:crewsnhealthmobile@phoenixchildrens.com)
- Circle the City (medical and behavioral health): 602.776.0776  
<https://circlethecity.org/mobile-outreach-calendar/>
- Maricopa County: <https://www.maricopa.gov/5065/Resources>

- Salt River Pima-Maricopa Indian Community: <https://srpmic-nsn.gov/community-resources/health-center/bhs/>
- Native American Connections: 602.424.2060  
<https://www.nativeconnections.org/mental-health/>

**Pima County:**

- Crisis Response Center Tucson: <https://codac.org/services/crisis-services/>  
(QR: <https://codac.org/services/crisis-services/>)
- Pima County: <https://www.library.pima.gov/content/free-and-low-cost-mental-health-resources/>

**Ongoing Mental Health Support**

- Charlie Health (Virtual): <https://www.charliehealth.com/>  
(QR: <https://www.charliehealth.com/>)
- AHCCCS Behavioral Health Services:  
<https://www.azahcccs.gov/Members/BehavioralHealthServices/>

**Recovery**

**Maricopa County:**

Community Bridges: <https://communitybridgesinc.org/>

Start Your Recovery: 1.800.662.4357

Alcoholics Anonymous: <https://aaphoenix.org/meetings/>

Narcotics Anonymous: <https://aaphoenix.org/meetings/>

**Pima County:**

Alcoholics Anonymous: <https://aatucson.org/>

Narcotics Anonymous: <https://arizona-na.org/#content>

Community Bridges: <https://communitybridgesinc.org/>

Start Your Recovery: 1.800.662.4357

## **EDUCATION & CAREER SUPPORT**

### **Education**

- Keys to Success: <https://www.affcf.org/ways-we-help/keys-to-success/>  
(QR: <https://www.affcf.org/ways-we-help/keys-to-success/>)
- DCS Education Specialists: [educationspecialist@azdcs.gov](mailto:educationspecialist@azdcs.gov)

### **Career & Employment**

- Arizona @ Work: <https://arizonaatwork.com/>  
(QR: <https://arizonaatwork.com/>)
- Homeless Services Division- Community & Workforce Development: 520.724.7300  
<https://content.civicplus.com/api/assets/43bcb370-76f4-4794-8287-b0d395172af9?scope=all>
- Arizona Job Connection: <https://www.azjobconnection.gov/>
- DES Resources: <https://des.az.gov/featured-story/8-workforce-organizations-help-you-return-stronger>

## **FINANCIAL SUPPORT**

- Wildfire (Community Action Agencies): <https://wildfireaz.org/find-help/>
- Arizona Housing Coalition Resource List:  
<https://www.azhousingcoalition.org/needhelp.html>
- SNAP (nutrition assistance): <https://www.healthearizonaplus.gov/Login/Default>
- WIC (for pregnant, breastfeeding, and post-partum women, infants, and children under 5): <https://www.azdhs.gov/prevention/azwic/>
- Food Banks: <https://azfoodbanks.org/>
- DES Resources: <https://des.az.gov/services/child-and-family/community-resources>

## TRANSPORTATION

### Public Transportation

- Valley Metro (Phoenix): <https://www.valleymetro.org/>
- Sun Tran (Tucson): <https://www.suntran.com/>
- Centers for Independent Living:  
<https://des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation>



## LEGAL & IMPORTANT DOCUMENTS

### Make sure you have access to:

- State ID or Driver's License
- Social Security Card
- Birth Certificate
- Health Insurance Card
- Foster Care Verification Letter

### Legal Help

- Community Legal Services: <https://clsaz.org/>
- Fresh Start Family Support Law Services: 602.252.8494
- The Arizona Legal Center: 480.727.0127
- Florence Immigration & Refugee Rights Project: <https://firrp.org/>
- Southern Arizona Legal Aid: <https://www.sazlegalaid.org/>
- Modest Means (low cost): <https://apply.azlawhelp.org/forms/intake>
- QUILT-Modest Means (Pima, low cost): <https://pimacountybar.org/?pg=modest-means>
- Arizona Legal Women and Youth Services (ALWAYS): 602.248.7055  
<https://alwaysaz.org/>

## COMMUNITY & SUPPORT NETWORK

### LGBTQ+ Support (Phoenix)

- one•n•ten: <https://onenten.org/>  
(QR: <https://onenten.org/>)
- Equality Arizona: <https://www.equalityarizona.org/>
- AZ Resource Guide: <https://arizonasurvivors.org/wp-content/uploads/LGBTQ-Arizona-Resource-Guide-002.pdf>

### General Resource Search

- FindHelp: <https://www.findhelp.org/>  
(QR: <https://www.findhelp.org/>)

## QUICK REFERENCE: If This Happens

### I might lose housing

→ Call 2-1-1

### I feel overwhelmed or in crisis

→ Call or text 988

### I need a job

→ Visit Arizona @ Work

### I need medical care

→ Use AHCCCS provider search

## BEFORE YOU GO: FINAL CHECKLIST

Do you have:

- State ID or Driver's License
- Social Security Card
- Birth Certificate
- Insurance Card
- Foster Care Verification Letter
- Important contacts saved in your phone

**You've got this. Keep this guide somewhere safe and use it whenever you need support.**

## Successful Transition To Adulthood

### Former Foster Youth - TILP

#### Description of Service

Successful Transition to Adulthood (STA) provides an opportunity for young people who have experienced foster care to develop and enhance their protective and promotive factors: Youth Resilience, Knowledge of Adolescent Brain Development, Social Connections, Concrete Support in Times of Need, and Cognitive and Social-Emotional Competency. Young people will also receive support and resources to increase their ability to live successfully outside of the foster care system.

#### Service Eligibility

- Resident of Arizona
- Young person ages 18 through 20, and were previously in the care and custody of any state foster care or federally recognized Tribal Foster Care Program at age sixteen (16) or older.

#### Referral Process

Youth self-refers by:

- Email: [STA\\_referral@azdcs.gov](mailto:STA_referral@azdcs.gov)
- Call or text at: (480) 651-3348



#### Service Providers:

AZCA serves:  
Maricopa, Mohave, LaPaz, Yavapai,  
Coconino, Navajo, Apache, Pinal, Gila,  
Greenlee and Graham Counties

Intermountain serves:  
Pima, Yuma, Santa Cruz and  
Cochise Counties

#### Support offered through this service:

Navigation support for one-on-one assistance towards goals related to:

- Employment
- Locating housing
- Keys to Financial Future Curriculum
- Educational and/or vocational support
- Medical and Behavioral Health support/ Including enrollment in YATI for eligible youth.

Funding assistance may be available toward transition to adulthood goals.

Assistance securing education funding through the Pell Grant and Arizona Tuition Waiver.

Re-entry into Extended Foster Care based on eligibility and requirements (reached the age of 18 in Arizona's foster care system)

Coordination and support with Arizona's ETV (Education and Training Voucher) and DCS Education Specialists for young people who were in the foster care system at age 16 or older (including those who were adopted at age 16 or older)

